

# Menu - September & October 2021

Week 1	Week 2	Week 3	Week 4
<b>Monday</b>	<b>Monday</b>	<b>Monday</b>	<b>Monday</b>
Ricotta and spinach raviolis	Stewed lentils	Vegetable panaché	Cream of vegetables
Roast chicken with provencal tomato	Chicken breast with salad	Roast rabbit* with salad	Breaded cheesy chicken with tomato
Yogurt smoothie	Ice cream	Strawberry yogurt	Natural yogurt
Snack: chorizo*baguette	Snack: cold ham baguette	Snack: cold ham baguette	Snack: cheese* baguette
<b>Tuesday</b>	<b>Tuesday</b>	<b>Tuesday</b>	<b>Tuesday</b>
Steamed green beans and potatoes	Oriental rice with vegetables	Cream of vegetables	Stewed lentils
Roastbeef with spaghetti	Osobuco with baked potato	Steak with chips	Scrambled egg with salad
Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
Snack: fhicken breast *baguette	Snack: fresh fruit/cheese baguette	Snack: pastry	Snack: cold ham baguette/fresh fruit
<b>Wednesday</b>	<b>Wednesday</b>	<b>Wednesday</b>	<b>Wednesday</b>
Baked chickpeas	Spaghetti carbonara	Stuffed tortellini	Catalan mixed salad
Fish*with salad	Steamed salmon with chopped tomato	Hake*/monkfish* Orly with salad	Grilled lasagne
Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
Snack:pastry	Snack: nocilla baguette	Snack: philadelphia baguette*	Snack: pork* baguette
<b>Thursday</b>	<b>Thursday</b>	<b>Thursday</b>	<b>Thursday</b>
Hors d'oeuvres	Mixed vegetables	Catalan rice	Cream potatoes
Rice with tomato and egg	Fricandó with white rice	Chicken drumsticks with courgette	Grilled blue whiting* with salad
Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
Snack: fruit/philadelphia* baguette	Snack: cured sausage* baguette	Snack: cured sausage* baguette	Snack: bread with chocolate
<b>Friday</b>	<b>Friday</b>	<b>Friday</b>	<b>Friday</b>
Macaroni	Seasonal salad	White beans	Spiral pasta
Grilled hake * with salad	Noodles with cuttlefish *	Catalan sausage with provencal tomato	Hamburguer with salad
Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
Snack: fuet baguette	Snack: tuna baguette de atún*	Snack: parma ham baguette	Snack: cured sausage* baguette

*Ingredients 100% organic production certified by Intereco except for bread and products indicated by \**



# 2021-2022 Menu Calendar - St. Paul's School

September 2021						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October 2021						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November 2021						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December 2021						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

January 2022						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

February 2022						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

September	
11	Local Holiday "La Diada"
13	First Day of School
24	Local Holiday "La Mercè"

October	
12	National Holiday "Día de la Hispanidad"

November	
1	National Holiday "All Saint's Day"

December	
6	National Holiday "La Constitución"
7	School Holiday - Free Choice
8	National Holiday "La Inmaculada Concepción"
23	Start of Christmas Holidays

January	
7	End of Christmas Holidays
10	First Day of Second Term
30 a 31	Ski, Cultural & Creativity Week

February	
1 a 3	Ski, Cultural & Creativity Week
4	School Holiday - Free Choice

March 2022						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

April 2022						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

May 2022						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

June 2022						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

July 2022						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

August 2022						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

March	
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April	
11	First Day of Easter Holidays
18	Last Day of Easter Holidays
19	First Day of Third Term

May	
1	National Holiday "Labour Day"
2	School Holiday - Free Choice

June	
6	Local Holiday "Pentecost"
22	Charity Summer Fair
24	Local Holiday "San Juan"
27	Start of Summer School

July	
15	End of Summer School

August	
15	National Holiday "Asunción la Virgen Maria"